



Elements of Intellectual Humility

Recognize *the sustained and disciplined effort* it takes to:

- perceive systemically
- think clearly and carefully
- communicate consciously about our thinking

Take responsibility for the reasoning under and behind our positions.

Own the limitations of our knowledge – do not assert knowing more than we do.

Requires being awake to our individual and group inclination toward self-deception in our favor;

Intellectual Humility does not imply submissiveness; it implies a lack of intellectual pretentiousness.

Uphold the strengths and limitations of our ideas with equal vigor.

Requires a full-hearted openness to the strengths in the views of others.

Sense when our egocentrism is likely to be operating and act responsibly to check it.